

### November 2020 USD 241 Lunch Menu

This institution is an equal opportunity provider.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Choice of Milk and a Fruit and Vegetable bar are offered daily. All grains are whole grain	2 Cheeseburger Mac Peas & Carrots WG Roll Peanut Butter Cup Tropical Fruit Milk	3 Breaded Chicken Pattie Bun Spud Bites California Blend Peaches Milk	4 Soft Taco WG Tortilla Shell Refried Beans Shredded Cheese Tortilla Chips (9-12) Strawberries/Pineapple Milk	5 Chicken Nuggets Mashed Potatoes White Gravy Green Beans WG Roll Pears Milk	6 Cheese Pizza Corn Apple Slices Milk	7
8	9 Cowboy Cavatini Steamed Broccoli WG Roll Peaches Milk	10 Sloppy Joe Bun French Fries Mixed vegetables Fruit Cocktail Milk	11 Chicken Wrap WG Tortilla Shell Fresh Carrots Fresh Celery Orange Smiles Milk	12 Country Fried Beef Pattie Mashed Potatoes White Gravy Corn WG Roll Pears Milk	13 Ham & Cheese Pockets Potato Wedges Cole Slaw Pineapple Chunks Milk	14
15	16 Sweet & Sour Chicken Steamed Rice Stir Fried Vegetables WG Roll Mandarin O/Pineapple Milk	17 Sub Sandwich Turkey Ham Cheese Slice (9-12) Steamed Cauliflower Fresh Mixed Fruit Cup Milk	18 Taco Salad Chili Beans Shredded Cheese Cinnamon Apples Milk	19 Pork Roast Mashed Potatoes Gravy Green Beans WG Roll Tropical Fruit Milk	20 Meat Balls Mac & Cheese Peas & Carrots WG Roll Pears Milk	21
22	23 Hamburger Stroganoff Seasoned Carrots WG Roll Fruit Blend Milk	24 BBQ Beef Sandwich Bun Tri Tater Steamed Broccoli Fruit Cocktail Milk	25 Thanksgiving	26 Break	27	28
29	30 Spaghetti Meat Sauce Green Beans WG Roll Pears Milk					These menus are subject to change if needed.

November 2020 USD 241 Breakfast Menu

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Choice of Milk and a Juice & fruit are offered daily. All grains are whole grains.	2 Breakfast Bar Juice Apricots Milk	3 Breakfast Burrito Juice Mandarin Oranges Milk	4 Mini Cinnis Juice Applesauce Milk	5 Cereal Toast Juice Banana Milk	6 Biscuit White Gravy Scrambled Eggs Juice Tropical Fruit Milk	7
8	9 Breakfast Pizza Juice Apple Slices Milk	10 Biscuit Sausage Pattie Cheese Slice Juice Peaches Milk	11 Pancake w/ Syrup Juice Pears Milk	12 Cereal Toast Juice Orange Smiles Milk	13 Biscuit White Gravy Sausage link Juice Fruit Cocktail Milk,	14
15	16 Breakfast Bar Juice Tropical Fruit Milk	17 Yogurt Bar Granola Strawberries Peaches Juice Milk	18 French Toast w/ Syrup Juice Rosy Applesauce Milk	19 Cereal Toast Juice Pears Milk	20 Biscuit White Gravy Scrambled Eggs Juice Mandarin Oranges Milk	21
22	23 Breakfast Pizza Juice Pineapple Chunks Milk	24 Western Omelet Juice Pears Milk	25 Thanksgiving -----Break		26 Cereal Toast Juice Pears Milk	27
29	30 Breakfast Bar Juice Apricots Milk					28
						These menus are subject to change if needed.